

<b>Department of Public Health and Social Services</b> <b>Bureau of Nutrition Services-Guam WIC Program</b>		
<b>TITLE:</b> Breast Pump Issuance and Follow-up	<b>POLICY NO.:</b> NS-07	Page 1 of 3
<b>APPROVED BY:</b> _____ Arthur U. San Agustin, DPHSS Director	<b>DATE OF ORIGINAL APPROVAL:</b> _____ <b>DATE REVISED/REVIEWED:</b> _____	
<b>Endorsed By:</b> Deputy Director: Laurent Duenas, BSN, MHA Acting Chief Public Health Officer: Annette Aguon, MPA Guam WIC Director: Cydsel Toledo, MD, MHA		

## PURPOSE:

To ensure breastfeeding support and assistance is provided throughout the prenatal and post-partum period, and provide guidance to staff in the issuance of breast pump.

## POLICY:

- A. Guam WIC program shall encourage WIC participants to initiate and continue exclusive breastfeeding and shall provide support and assistance to pregnant and breastfeeding mothers as appropriate.
- B. Guam WIC program shall procure breastfeeding pump to directly support the efforts of breastfeeding mothers who may need assistance to express milk from the breast and provide human milk to their infants.
  1. Breast pump shall be issued for free to eligible postpartum participants.
  2. All breastfeeding aids are to be locked in a secure area.
  3. Breast pump inventory form shall be updated when there are breast pumps received or issued.
- C. All post-partum WIC participants shall be assessed by a WIC Competent Professional Authority (CPA) if breast pump is needed to facilitate the initiation or continuation of breastfeeding.
  1. Education on the use of breast pump and maintenance shall be provided to participants who were issued breast pump.
  2. Participants shall sign both breast pump liability release form agreement and inventory log once issued with a breast pump.
- D. Guam WIC staff shall follow and be guided by the criteria in the issuance of breast pump. Breast pump shall not be issued if participant does not meet the criteria: The criteria are the following:
  1. Mother who must be separated from their newborn due to infant or mother hospitalization.
  2. Mother of newborn with special needs such as cleft lip or palate, Down Syndrome, cardiac problems, cystic fibrosis, PKU, neurological impairment, or other special needs.
  3. Mother of newborns with physical or neurological impairment such as uncoordinated suck/swallow pattern, weak suck, inability to suck or latch on to the breast, or prematurity.

4. Mothers who is returning back to work or school and do not have access to their infants.
  5. Mother who wants to re-lactate.
  6. Mother of multiple newborns.
  7. Nutrition Assistant I (CPA) will need to seek approval for other reasons determined by the Community Nutritionist II, Nutrition Assistant II, or a Certified Lactation Counselor.
- E. All participants who received a breast pump shall be referred to the Breastfeeding Peer Counselor Program.
- F. Guam WIC staff shall follow up the participant issued with a breast pump **within 24 hours** or by the next working day.

## PROCEDURE

### A. Breast Pump Issuance Determination

1. WIC Competent Professional Authority (CPA) shall assess participant's need for a breast pump and the criteria for a breast pump issuance set in Policy D is met.
2. If criteria for breast pump issuance is met, CPA shall inform the clinic supervisor to issue 1 new manual breast pump taken from secured breast pump storage.

### B. Breast Pump Education

1. CPA shall provide education on breast pump use:
  - a. Discuss how to properly assemble, use, clean, and sanitize breast pump.
  - b. Discuss preparation of breasts before pumping (massage, think of baby, have picture of baby next to you).
  - c. Teach hand expressions (video or using breast model for demonstration)  
<https://vimeo.com/65196007>  
<https://drive.google.com/file/d/1ejqY3B9UV05R1yKqPqJOB6Z9VoQCFW36/view>
  - d. Develop a plan with mother for pumping (Frequency [every 2 hours] and length of pumping session).  
Discuss and provide handout on how to properly store breast milk and reheating.

### C. Breast Pump Inventory Log and Liability Release form

1. CPA shall update breast pump inventory log by subtracting 1 breast pump from the inventory and update the balance when a breast pump is issued.
2. Have the participant sign the inventory log form to acknowledge she has received the breast pump.
3. CPA shall discuss the breast pump liability release form agreement and have the participant sign it.
4. Issue breast pump to participant.

### D. Referrals to BFPC Program

1. CPA shall refer participant who were issued a breast pump to the BFPC program. BFPC will make a follow-up call to the breastfeeding participant within 14 days
  - a. Document referral to BFPC in HANDS. Navigate to Care Plan, select Referrals, select add new record, and under Program select Breastfeeding Peer Counselor.

- b. WIC staff fills out BFPC referral form and have clinic supervisor initial off before submitting form to BFC.
- E. Documentation of Breast Pump Issuance
  - 1. CPA who issued breast pump shall document in HANDS Notes.
    - S. Mom plans to breastfeed up to \_\_\_\_\_. She is currently breastfeeding \_\_\_\_\_ times a day.
    - O. N/A
    - A. Breast pump issued to mom due to \_\_\_\_\_. Provided education on breast pump use, sanitation, storage, and reheating breastmilk. Mom plans to use pump every \_\_\_\_ hours. Showed mom how to do hand expression.
    - P. Referred to BFPC
      - Follow up in 24 hours on breast pump usage.
- F. 24-hour Follow-up
  - 1. CPA who issued manual breast pump is to inform clients that a follow-up call regarding pump use will be made within 24 hour or by next working day if the day falls on a Sunday or holiday.
  - 2. CPA is to make an appointment for the client into the appointment scheduler for the next working day when a breast pump is issued.
  - 3. The appointment service will be named *breast pump follow-up*.
  - 4. The *breast pump follow-up* appointment time will be allotted for 15 minutes.
  - 5. NA shall make a follow-up call ask the client several questions:
    - a. How is breastfeeding coming along?
    - b. Tell me more about pumping and how is that going for you?
    - c. What concerns do you have at this time regarding pump use?
  - 6. If client states that she has not used the breast pump yet, continue procedures F2-F5 until she has attempted to use the breast pump.
  - 7. Nutrition Assistants shall yield to a WIC designated breastfeeding expert (DBE) to address breastfeeding/breast pump issues identified during the call.
  - 8. At the end of the call, thank the client for sharing her experience and to remind her that WIC is always available for her and to reach out to WIC if she has any concerns.
  - 9. Document breastfeeding follow up encounter into HANDS regarding pump use and/or issues that were identified and how it was addressed.

## REFERENCES

USDA Food and Nutrition Service. (2016). *WIC Breastfeeding Policy and Guidance*. United States Department of Agriculture Food Nutrition Service.

## SUPERSEDES:

- A. Title; Policy No.; Effective date/signature date; Approving individual's name

## ATTACHMENTS: